

WHAT ARE VALUES?

Using the values listed below, tick the column which best describes their importance to you.

	VERY IMPORTANT	IMPORTANT	NEUTRAL	UNIMPORTANT	VERY UNIMPORTANT
Justice (fairness, honesty).....
Intelligence (ability to understand).....
Wealth (material comfort, and security).....
Friendship (trust, companionship).....
Excitement (adventure, travel, interest).....
Social Recognition (respect admiration, fame, status).....
Achievement (contribution to society).....
Eternal life (heaven, life after death).....
Peace (freedom from war and personal conflict).....
Pleasure (enjoyment, comfort).....
Beauty (appreciation of nice things).....
Security (personal and national protection).....
Equality (opportunity for everyone).....
Love (closeness, intimacy, self-giving).....
Family (security, care, closeness).....
Peace of mind (freedom from inner conflict).....
Self Determination (power to control own life).....
Happiness (satisfaction, joy, contentment).....
Self Respect (pride, confidence in yourself).....
Authority (total order, confidence in leadership).....
Environment (appreciation of nature).....
Freedom (power to do what you want to do).....
Learning and growing as a person.....
Service (giving/doing to others).....
Popularity (being liked, respected).....
Belonging (being accepted by others, not isolated).....
Glamour (attractive lifestyle, excitement, not mundane).....
Power (able to make changes, influence, control).....
Stability (lack of sudden unexpected changes).....
Comfort (ease, pleasure, relaxation).....